




# KIMBERLY DYER

## Personal Caregiver

+1 234 567 89 10 

kimberlydyer@mail.com 

Waverly, MO 



### PROFESSIONAL SUMMARY

Compassionate and dedicated personal caregiver with 6+ years of experience providing exceptional care to elderly clients. Skilled in assisting with activities of daily living, medication management, and companionship. Strong communication and interpersonal abilities with a genuine passion for improving the quality of life for clients.

### EDUCATION

2017 - 2018

#### Certified Nursing Assistant (CNA) Program

Waverly Community College / Waverly, MO

2018 - 2018

#### CPR and First Aid Certification

American Red Cross

### SKILLS

- First Aid & CPR Expert
- Nutrition & Meal Preparation Expert
- Medication Administration Expert
- Vital Signs Monitoring Expert
- Active Listening Expert
- Compassion Expert
- Physical Strength Experienced
- Mobility Assistance Experienced

### HOBBIES

- Reading
- Knitting
- Sewing

### LANGUAGES

- Spanish (Intermediate)

### EXPERIENCE

2021 - Now

#### Personal Caregiver

##### John Smith / Waverly, MO

- Assist client with activities of daily living, including bathing, grooming, dressing, and toileting.
- Administer medications according to prescribed schedules and document client's health status.
- Prepare nutritious meals and snacks, ensuring dietary preferences and restrictions are met.
- Monitor vital signs and report any changes or concerns to healthcare professionals.

2019 - Now

#### Home Health Aide

##### Mary Johnson / Waverly, MO

- Assist with meal preparation, light housekeeping, and laundry.
- Engage client in recreational activities and social interactions.
- Monitor client's condition and reported any changes to healthcare providers.
- Assist with medication reminders and transportation to appointments.

2018 - 2024

#### Personal Caregiver

##### Sarah Williams / Waverly, MO

- Offered temporary relief and support to primary caregivers of individuals with disabilities.
- Assisted clients with daily living activities and encouraged independence.
- Provided emotional support and companionship during caregiver breaks.
- Implemented care plans and maintained documentation of client progress.

