



Sleep Disorder Respiratory Therapist

Janet Centeno

Professional summary

Highly skilled and compassionate Respiratory Therapist with over 10 years of experience in diagnosing and managing sleep disorders, including obstructive apnea . Proven expertise in conducting sleep studies, interpreting polysomnographic data, and developing personalized treatment plans.

Experience

Sleep Disorder Respiratory Therapist

March 2021 - Now

Kaleida Health / United States, Buffalo, NY

- Conduct comprehensive studies, including polysomnography, to diagnose and assess sleep disorders.
- Analyze and interpret polysomnographic data to develop and adjust treatment plans for patients with apnea and other sleep disorders.
- Collaborate with sleep specialists to review patient progress and modify treatment strategies as needed.
- Participate in patient follow-up to ensure effective management of sleep disorders and troubleshoot any issues with equipment or therapy.

Respiratory Therapist – Sleep Medicine

July 2018 - February 2021

Roswell Park Comprehensive Cancer Center / United States, Buffalo, NY

- Performed sleep studies and titration procedures to evaluate and treat patients with complex disorders.
- Monitored and adjusted ventilatory support for patients with sleep-related breathing disorders.
- Provided education to patients and families regarding sleep disorder management and lifestyle modifications.
- Engaged in multidisciplinary team meetings to coordinate care and optimize patient outcomes.

Sleep Study Technician

August 2014 - June 2018

Buffalo Sleep Center / United States, NY

- Conducted and scored overnight studies to diagnose various sleep disorders.
- Assisted in setting up and calibrating sleep study equipment, ensuring accurate data collection.
- Provided preliminary data analysis and summarized findings for review by sleep specialists.
- Maintained detailed records of patient data and contributed to the development of care plans.

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United States, Buffalo, NY

Education

Bachelor of Science in Respiratory Therapy

2010 - 2014

University of Buffalo

United States, NY

Registered Respiratory Therapist, National Board for Respiratory Care, Renewed: June 2022

Sleep Disorders Specialty, National Board for Respiratory Care, Renewed: October 2020

Skills

Expertise in performing and interpreting polysomnographic studies

Proficient in CPAP, BiPAP, and other sleep therapy equipment

Strong patient education and counseling skills

Excellent analytical and problem-solving abilities

Effective communication and teamwork skills