

Contemporary Choreographer

Sophia Tran

Professional summary

Dynamic Contemporary Choreographer with 8 years of experience creating thought-provoking performances that blend movement and storytelling. Passionate about exploring innovative concepts and techniques to engage diverse audiences.

Experience

Contemporary Choreographer

January 2017 - Now

Chicago Contemporary Dance Theater / United States, IL

- Develop and choreograph original works for stage performances, utilizing themes of identity and social issues.
- Lead collaborative projects with visual artists and musicians to create multidisciplinary performances.
- Organize outreach programs to engage the community in dance workshops and discussions on contemporary themes.

Choreography Intern

September 2016 - December 2017

DanceWorks Chicago / United States, Chicago, IL

- Assisted in the development of new choreographic works for company performances.
- Provided feedback and coaching to dancers, helping to improve their technique and performance quality.
- Participated in rehearsal scheduling and logistical planning for performances.

Workshops

Guest Instructor

May 2023 - June 2023

Dance Studio of Excellence, Los Angeles, CA

- Conducted a masterclass on contemporary dance techniques, emphasizing improvisation and creative expression.
- Engaged students in hands-on choreography creation, fostering individual styles and teamwork.

Article

"The Evolution of Contemporary Dance: Trends and Techniques"

Dance Research Journal, August 2023

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💟 United States, Chicago, IL

Education

Master of Fine Arts in Dance

2015 - 2017 University of Michigan - Ann Arbor United States

Bachelor of Arts in Contemporary Performance

2011 - 2015 New York University United States

Certified Yoga Instructor

Yoga Alliance Certified: July 2024

First Aid and CPR Certified

National Safety Council Certification Date: September 2023

Skills

Innovative choreography and improvisation



Strong analytical and creative thinking



Experience with multimedia elements in performance



Ability to work in collaborative environments



Proficient in various contemporary dance techniques

