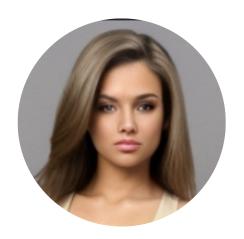
#### sophia.martin@gmail.com

### United States, Miami, FL

# Spa Massage Therapist

**SOPHIA** MARTIN



# **PROFESSIONAL SUMMARY**

Certified Spa Massage Therapist with 3+ years of experience in providing relaxation and wellness treatments in luxury spas. Skilled in Swedish, hot stone, and aromatherapy massage techniques.

- "Sophia's massage was exactly what I needed. She knew just how to relieve my stress and tension. I always leave feeling refreshed and renewed!" - Sarah L., Spa Client
- "Sophia has a magical touch. His deep tissue massage alleviated my chronic back pain. Highly recommend!" - John D., Spa Client

# **EDUCATION**

2019 - 2021

# **Diploma in Massage Therapy**

Florida School of Massage / United States, Gainesville, FL

#### Certified Massage Therapist (CMT)

National Certification Board for Therapeutic Massage & Bodywork / 2019

# **SKILLS**

- · Proficient in Swedish, hot stone, and aromatherapy techniques
- Expert

Expert

- Expertise in creating a relaxing spa experience
- Expert
- Knowledge of skin and body care treatments
- Expert
- Excellent customer service and communication skills
- Ability to maintain a high level of professionalism in a luxury spa environment

# Expert

### **EXPERIENCE**

2022 - Now

# Massage Therapist Ocean Bliss Spa / United States, Miami, FL

- · Deliver high-end massage treatments including Swedish, hot stone, and aromatherapy massages to spa clients.
- · Assist in creating a relaxing and luxurious environment, contributing to positive client feedback and a 20% increase in memberships.
- Develop expertise in lymphatic drainage and hydrotherapy techniques.

# 2021 - 2022

# Massage Therapist

# Tranquil Waters Spa / United States, Orlando, FL

- Provided a variety of massages tailored to individual client preferences, focusing on relaxation and stress relief.
- Maintained a client retention rate of 85% by offering personalized care and attention to detail.

# **WORKSHOPS**

**Aromatherapy for Bodywork** Spa Bodywork Institute, June 2023

**Wellness Academy** Hot Stone Massage Techniques, February 2022

**NCBTM** 

Deep Tissue Massage Techniques, November 2021