# Sara White

#### **Professional summary**

Compassionate Behavioral Paraprofessional with over 3 years of experience supporting individuals with behavioral and mental health challenges. Skilled in crisis intervention, therapeutic support, and fostering a supportive environment for clients.

### Experience

# **Behavioral Paraprofessional**

August 2022 - Now San Francisco Unified School District / United States, CA

- Collaborate with special education teachers to implement individualized behavior intervention plans (BIPs) tailored to each student's needs.
- Monitor and document student behavior and progress, providing feedback to educators to adjust strategies as necessary.
- Assist in crisis intervention, utilizing de-escalation techniques to support students in moments of distress.

# **Behavior Support Aide**

June 2021 - July 2022 The Center for Education and Human Services / United States, San Francisco, CA

- Supported students with emotional and behavioral disorders by implementing structured routines and positive reinforcement techniques.
- Conducted small group sessions focusing on emotional regulation and conflict resolution.
- Maintained a safe and supportive classroom environment, ensuring compliance with safety protocols and behavioral guidelines.
- Worked closely with families to provide updates on student progress and address any concerns regarding behavior and learning.

#### **Volunteer Experience**

# Volunteer Behavioral Support Worker

September 2019 - May 2020

Big Brothers Big Sisters of America, San Francisco, CA

- Assisted with organizing activities for children and youth with behavioral challenges, focusing on skill development and social integration.
- Provided mentorship to at-risk youth, fostering positive relationships and encouraging personal growth.

#### Training

Applied Behavior Analysis (ABA) Fundamentals | Completed: January 2023



## Education

Associate Degree in Behavioral Science 2017 - 2021 City College of San Francisco United States, CA

# Crisis Prevention Institute (CPI) Certification

Certification Date: June 2023

## **Registered Behavioral Technician (RBT)**

Certification Date: September 2021

## Skills

Behavior management strategies	<b>****</b>
Individualized support for students	****
Strong communication and interpersonal skills	****
Data collection and analysis	****
Crisis interventio- n techniques	****
Collaboration with educators and parents	****

Understanding Trauma-Informed Care | Completed: November 2021