



High School Tennis Coach

Mark Henderson

Professional summary

Enthusiastic and dedicated High School Tennis Coach with over 6 years of experience coaching students in competitive tennis. Skilled in team management, player development, and fostering sportsmanship.

Coaching Philosophy

Focus on building strong fundamentals, fostering teamwork, and developing a growth mindset in players. Believe in balancing rigorous training with the promotion of sportsmanship, discipline, and academic excellence.

Experience

Head Tennis Coach

August 2020 - Now

Lincoln High School / United States, San Diego, CA

- Lead the high school tennis team to back-to-back district championships in 2022 and 2023.
- Develop personalized training programs focused on improving individual player strengths.
- Organize weekly practices and seasonal conditioning sessions to prepare athletes for competition.
- Mentor players in balancing academics and athletics to ensure student success on and off the court.

Assistant Tennis Coach

September 2018 - July 2020

Jefferson High School / United States, Los Angeles, CA

- Assisted in managing and organizing practices for varsity and junior varsity teams.
- Provided technical feedback and drills to improve players' footwork and racket skills.
- Collaborated with the head coach to create game strategies and review match performance.

Achievements

- Mentored five players who earned tennis scholarships to college programs.
- Named "Coach of the Year" by the San Diego Interscholastic Federation in 2023 for outstanding leadership and team performance.

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United States, San Diego, CA

Education

Bachelor's Degree in Physical Education

2015 - 2019

University of California, Los Angeles
United States

USTA High School Coaching Certification

United States Tennis Association
Certification Date: January 2021

Skills

Team management and leadership ★★★★★

Player development and mentorship ★★★★★

Technical expertise in stroke mechanics and match strategy ★★★★★

Knowledge of tournament organization ★★★★★

Strong communication and motivational skills ★★★★★