




Rachel Lee

Developmental
Gymnastics Coach

CONTACT

 (602) 555-9876

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 United States, Phoenix, AZ

EDUCATION

2013 - 2017

Bachelor of Arts in Child Development

Arizona State University, Tempe
Campus, United States

Basic First Aid and CPR Certification

American Red Cross, Certification
Date: March 2023

Youth Sports Coaching Certification

National Alliance for Youth Sports,
Certification Date: April 2019

PROFESSIONAL SUMMARY

Passionate Developmental Gymnastics Coach with over 6 years of experience working with young athletes. Skilled in creating fun, engaging environments that promote physical fitness and foundational gymnastics skills.

Coaching Philosophy

Passionate about fostering a love for gymnastics through a positive, supportive, and fun learning environment. Focus on developing fundamental skills while promoting physical fitness, confidence, and teamwork among young athletes.

EXPERIENCE

Developmental Gymnastics Coach 2020 - Now Phoenix Gymnastics Club, United States, Phoenix, AZ

- Create and implement engaging lesson plans for preschool to middle school students.
- Focus on developing fundamental motor skills, coordination, and balance through playful activities.
- Establish strong relationships with parents to keep them informed about their child's progress.
- Coordinate annual showcases to highlight student achievements and progress.

Recreational Gymnastics Instructor 2018 - 2020 Desert Valley Sports Center, United States, Phoenix, AZ

- Instructed classes for children aged 3-10 in basic gymnastics skills and movement fundamentals.
- Assisted in developing a curriculum focused on physical development and social skills.
- Managed classroom dynamics and ensured a safe, encouraging atmosphere for all participants.

★ SKILLS

Expertise in early childhood physical development ★★★★★

Strong ability to create engaging lesson plans ★★★★★

Excellent communication and relationship-building skills ★★★★★

Classroom management and safety protocols ★★★★★

Creativity in adapting activities for various skill levels ★★★★★