sarah.white@email.com



Albany, NY

SARAH WHITE

Direct Support Professional



PROFESSIONAL SUMMARY

Enthusiastic and caring Entry-Level Direct Support Professional eager to apply strong interpersonal skills and a passion for helping others. Ready to assist individuals with disabilities in their daily lives, fostering independence, and promoting community engagement.

EDUCATION

High School Diploma

Albany High School, Albany, NY Graduated: June 2024

Professional Development

- · Completed Direct Support Professiona-I Training at Albany Care Network
- Participated in Positive Behavior Support (PBS) training
- · Attended Disability Awareness Workshops at Albany Community Center

SKILLS

• Strong communication and Expert interpersonal skills Compassionate and Expert patient with diverse populations Ability to work well in a Expert team environment Reliable and responsible Expert CPR and First Aid Certified Expert (anticipated)

EXPERIENCE

Direct Support Professional Intern Albany Care Network, Albany, NY

June 2025 - July 2025

- · Assisted experienced DSPs in providing daily care and support for individuals with developmental disabilities.
- · Helped clients with basic needs, including dressing, grooming, and meal preparation.
- Supported individuals in participating in social and recreational activities.
- Documented daily activities and reported any concerns to senior staff.

Customer Service Associate Target, Albany, NY

March 2023 - May 2025

- Provided exceptional customer service, helping customers locate products and answering inquiries.
- Collaborated with a team to maintain a positive store environment.
- · Assisted with stocking, organizing, and maintaining inventory.
- Trained new employees in customer service practices.