



# Jane Drott

Clinical Counselor

## CONTACT

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United States, Houston, TX

## EDUCATION

### Master's Degree in Clinical Psychology

University of Houston, Graduated: May 2024

### Bachelor's Degree in Psychology

University of Texas, Graduated: May 2022

## Certifications

- Licensed Professional Counselor Intern** | Texas State Board of Examiners of Professional Counselors | Certification Date: June 2023
- CPR and First Aid** | American Red Cross | Certification Date: March 2023

## PROFESSIONAL SUMMARY

Compassionate and dedicated Clinical Counselor with recent graduation in Psychology. Adept at conducting therapeutic assessments, building strong client relationships, and implementing effective treatment plans for individuals struggling with mental health issues.

## EXPERIENCE

### Clinical Counselor Intern

2024 - Now

#### Houston Counseling Services

- Conduct individual and group therapy sessions under the supervision of licensed therapists.
- Assist with mental health assessments, intake interviews, and case management for clients with anxiety, depression, and trauma-related disorders.
- Support treatment plan development, monitor client progress, and provide feedback to senior counselors.
- Participate in weekly team meetings to discuss treatment strategies and improve service delivery.

### Counseling Assistant

2022 - 2024

#### University of Houston Counseling Center

- Assisted licensed counselors with administrative tasks, including scheduling appointments and maintaining client records.
- Provided initial assessments for students seeking counseling services, offering empathetic support and referring cases to senior staff when necessary.
- Led workshops on stress management and academic wellness for students.

## SKILLS

Individual and Group Counseling	★★★★★
Therapeutic Assessment and Diagnosis	★★★★★
Treatment Plan Development	★★★★★
Crisis Intervention	★★★★★
Active Listening	★★★★★
Client Relationship Building	★★★★★
Empathy and Compassion	★★★★★
Case Management	★★★★★