

PROFESSIONAL SUMMARY

Results-driven Retrospective Utilization Review Nurse with experience in post-care assessment, analyzing medical records, and ensuring that treatment provided aligns with best practices. Proven expertise in identifying opportunities for improvement in care delivery, reducing unnecessary costs, and ensuring compliance with healthcare regulations.

EDUCATION

Bachelor of Science in Nursing (BSN)

University of Texas at Arlington, TX |
Graduated: May 2014

Certifications

- Registered Nurse (RN) – Texas Board of Nursing, License #345678
- Certified Professional in Healthcare Quality (CPHQ) – National Association for Healthcare Quality, 2023
- Certification in Retrospective Utilization Review (CUR) – American Nurses Credentialing Center (ANCC), 2022

SKILLS

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| Retrospective utilization review | Expert |
| Post-care analysis | Expert |
| Medical chart audits | Expert |
| Claims analysis | Expert |
| Regulatory compliance | Expert |
| Data analysis and reporting | Expert |
| Root cause analysis | Expert |
| Quality improvement | Expert |
| Interdisciplinary collaboration | Expert |
| Patient outcome assessment | Expert |
| Clinical documentation review | Expert |
| Healthcare policy and procedure knowledge | Expert |

EXPERIENCE

2019 - Now

Retrospective Utilization Review Nurse

Cigna Healthcare / Dallas, TX

- Conduct retrospective reviews of medical records to evaluate the appropriateness and necessity of care provided to patients after discharge.
- Analyze insurance claims and medical charts to ensure services rendered comply with healthcare policies and clinical guidelines.
- Identify and recommend opportunities for improvement in patient care, resulting in a 20% reduction in unnecessary services.
- Collaborate with claims department to ensure that retrospective reviews are aligned with reimbursement policies.
- Present data-driven findings to management to support ongoing quality improvement initiatives and cost reduction strategies.

2014 - 2019

Utilization Review Nurse

Baylor Scott & White Health / Dallas, TX

- Reviewed inpatient, outpatient, and emergency department care to ensure treatment met clinical guidelines and insurance requirements.
- Assisted with retrospective audits and contributed to the development of policies aimed at reducing unnecessary treatments and healthcare costs.
- Worked closely with providers to clarify treatment plans and streamline discharge processes.
- Contributed to the improvement of the care coordination model, enhancing patient outcomes and reducing readmission rates.

PROFESSIONAL AFFILIATIONS

- Member of the Texas Nurses Association since 2015
- Active participant in the National Utilization Management Society (NUMS)
- Volunteered as a speaker at the 2023 Utilization Review Conference in Dallas