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# JANE WILLIAMS

## Home Health Aide



(555) 123-4567



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New York, NY

### Education

#### Home Health Aide Certification

New York City Health Academy | New York, NY (2019)

#### CPR and First Aid Certified

American Red Cross (Valid through 2027)

### Skills

Patient Mobility Assistance ♦ ♦ ♦ ♦ ♦

Personal Care & Grooming ♦ ♦ ♦ ♦ ♦

Medication Reminders ♦ ♦ ♦ ♦ ♦

Meal Preparation ♦ ♦ ♦ ♦ ♦

Patient Observation ♦ ♦ ♦ ♦ ♦

Light Housekeeping ♦ ♦ ♦ ♦ ♦

Communication with Family ♦ ♦ ♦ ♦ ♦

CPR and First Aid Certified ♦ ♦ ♦ ♦ ♦

Compassionate Support ♦ ♦ ♦ ♦ ♦

Elderly Care ♦ ♦ ♦ ♦ ♦

Dementia and Alzheimer's Care ♦ ♦ ♦ ♦ ♦

### Professional summary

Compassionate and dedicated Home Health Aide with experience providing high-quality personal care to elderly and disabled clients in a home setting. Skilled in mobility assistance, medication reminders, and emotional support to enhance patient well-being and independence.

### Experience

#### CareLink Health Services

January 2021 - Now

New York, NY

#### Home Health Aide

- Provide daily personal care, including assistance with bathing, dressing, grooming, and toileting for elderly clients, ensuring dignity and comfort.
- Monitor patients for changes in physical or emotional health, reporting observations to family members and healthcare professionals.
- Assist patients with mobility and positioning, reducing the risk of falls and improving overall comfort.
- Administer prescribed medication, ensuring clients take their medications as scheduled and assisting with organizing medication containers.
- Perform light housekeeping duties, such as cleaning, laundry, and organizing living spaces to ensure a safe and hygienic environment.

#### Amedisys Home Health Care

June 2019 - December 2020

Brooklyn, NY

#### Home Health Aide

- Supported elderly patients with chronic conditions by assisting with daily living tasks, including feeding, dressing, and personal hygiene.
- Engaged patients in social and recreational activities to improve mental and emotional well-being, reducing feelings of isolation.
- Assisted patients with prescribed exercises and physical therapy to improve mobility and strength.