

## Night Nanny



### PROFESSIONAL SUMMARY

Dedicated and nurturing Night Nanny with over 4 years of experience providing exceptional overnight care for newborns and infants. Skilled in creating a soothing and comfortable environment, implementing sleep training techniques, and offering support to parents during crucial nighttime hours.

### EDUCATION

2014 - 2017

#### Associate Degree in Early Childhood Education

The City College of New York / New York, NY

### SKILLS

- Newborn and infant sleep training **Expert**
- Nighttime routine development **Expert**
- Diapering and feeding expertise **Expert**
- Effective communication with parents **Expert**
- Multitasking and prioritization **Expert**
- Gentle sleep methods and techniques **Expert**
- Comfortable with multiple births (twins, triplets) **Expert**
- Infant CPR and First Aid certified **Expert**

### COURSES

2022

#### Infant CPR and First Aid Certification

American Red Cross

### EXPERIENCE

2022 - Now

#### Night Nanny

##### Anderson Family / New York, NY

- Provide overnight care for a newborn, ensuring a safe and secure sleep environment.
- Implement effective sleep training methods tailored to the child's unique needs.
- Assist with feeding, diaper changes, and soothing techniques to promote restful sleep.
- Maintain detailed logs of sleep patterns, feedings, and developmental milestones.
- Collaborate with parents to establish and maintain a consistent nighttime routine.

2019 - 2023

#### Night Nanny

##### Moonlight Babycare Services / New York, NY

- Offered specialized care for twins, establishing synchronized sleep schedules.
- Conducted sleep assessments and provided recommendations for optimizing sleep environments.
- Supported parents in transitioning infants to bottle feeding and sleep training.
- Ensured a calm and quiet atmosphere during nighttime hours to promote healthy sleep patterns.
- Collaborated with a multidisciplinary team, including lactation consultants and pediatricians.