



# Sarah Johnson

Hospital Dietary Aide

## CONTACT

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United States, Dallas, TX

## EDUCATION

### Basic Life Support (BLS) Certification

American Heart Association-  
, Certification Date: January 2024

### Certificate in Food Service Management

Dallas Community College, TX,  
Graduated: May 2021

## PROFESSIONAL SUMMARY

Compassionate and detail-oriented Dietary Aide with over 3 years of experience in hospital settings. Proficient in menu planning, food preparation, and ensuring dietary compliance for patients with specific nutritional needs.

## EXPERIENCE

**Dietary Aide** 2022 - Now

Dallas General Hospital, United States, TX

- Collaborate with dietitians to prepare and serve meals that meet patients' dietary restrictions and preferences.
- Ensure proper food handling, sanitation, and safety protocols are followed at all times.
- Assist in the inventory and ordering of food supplies, reducing waste by 15% through effective portion control.

**Kitchen Assistant** 2021 - 2022

Sunrise Assisted Living, United States, Dallas, TX

- Supported food preparation and service for residents in a senior living facility.
- Maintained cleanliness and organization of kitchen areas, ensuring compliance with health regulations.
- Provided exceptional customer service to residents, addressing dietary concerns and preferences.

## SKILLS

Nutritional guidelines knowledge	★★★★★
Food safety and sanitation practices	★★★★★
Excellent communication skills	★★★★★
Menu planning and meal preparation	★★★★★
Ability to work in fast-paced environments	★★★★★

## ADDITIONAL COMPETENCIES

- Proficient in Microsoft Office Suite (Word, Excel, PowerPoint) for documentation and reporting.
- Bilingual in English and Spanish, facilitating communication with diverse patient populations.