

### PROFESSIONAL SUMMARY

Motivated and compassionate new graduate nurse with clinical experience in postpartum and maternal health. Excited to join the team at Sharp Mary Birch Hospital for Women & Newborns to provide high-quality care for mothers and newborns during the postpartum period and contribute to a family-centered environment.

### EDUCATION

#### Bachelor of Science in Nursing (BSN)

San Diego State University, San Diego, CA

Graduated: May 2024

#### Certifications

- Registered Nurse (RN) License – State of California (pending, expected: March 2025)
- Basic Life Support (BLS) (Issued: February 2024)
- Neonatal Resuscitation Program (NRP) (Issued: March 2024, pending)

### SKILLS

- Postpartum and Maternal-Newborn Care Expert
- Breastfeeding Education Expert
- Medication Administration and IV Therapy Expert
- Patient Education and Support Expert
- Pain Management Expert
- Team Collaboration and Communication Expert
- EPIC Charting System Expert

### EXPERIENCE

2024 - 2024

#### Postpartum Nurse (Preceptorship)

##### Sharp Mary Birch Hospital for Women & Newborns / San Diego, CA

- Assisted postpartum nurses in providing care for 6-8 mothers and newborns per shift, focusing on postpartum recovery and newborn assessments.
- Observed and assisted in administering medications, IV fluids, and post-op care for C-section patients.
- Educated new mothers on breastfeeding, newborn care, and postpartum self-care.
- Collaborated with interdisciplinary teams, including lactation consultants, to support successful breastfeeding initiation.

2023 - 2023

#### Maternal-Newborn Care (Clinical Rotation)

##### UC San Diego Health / San Diego, CA

- Provided support to mothers and newborns during clinical rotation, including performing newborn assessments and assisting in breastfeeding education.
- Monitored postpartum recovery of mothers, focusing on pain management and emotional well-being.
- Participated in infant safety initiatives, including safe sleep education and newborn screenings.