



Clinical Psychologist

DR. LISA MONROE



PROFESSIONAL SUMMARY

Compassionate and experienced Clinical Psychologist with over 8 years of practice in diagnosing and treating mental health disorders. Adept in implementing evidence-based therapies to improve patient outcomes and enhance emotional wellbeing.

EDUCATION

2014 - 2016

Doctor of Psychology (Psy.D.) in **Clinical Psychology**

University of Southern California / United States, Los Angeles, CA

2008 - 2012

Bachelor of Arts in Psychology

University of California, Berkeley / United States, CA

Licensed Clinical Psychologist

California Board of Psychology / License Number: PSY1234567

Certified in Cognitive Behavioral Therapy (CBT)

Beck Institute / Certification Date: March 2020

SKILLS

| • | Psychological assessment and diagnosis | Expert |
|---|----------------------------------------|--------|
| • | Cognitive-behavioral therapy (CBT) | Expert |
| • | Crisis intervention and management | Expert |
| • | Mindfulness-based interventions | Expert |
| • | Trauma-informed care | Expert |

EXPERIENCE

2018 - Now

Clinical Psychologist

Los Angeles Mental Health Clinic / United States, Los Angeles, CA

- Conduct psychological assessments and develop individualized treatment plans for clients with various mental health issues.
- · Provide cognitive-behavioral therapy (CBT) and other therapeutic modalities to children, adults, and families.
- Collaborate with multidisciplinary teams to ensure comprehensive care and follow-up.
- Lead psychoeducational workshops to educate clients and their families on coping strategies.

2016 - 2017

Psychology Intern

California State Hospital / United States, Los Angeles, CA

- · Assisted licensed psychologists in conducting assessments and providing therapy to patients with severe mental illnesses.
- Participated in treatment planning and case conferences, contributing to interdisciplinary discussions.
- · Conducted group therapy sessions focusing on social skills and emotional regulation.