
 (555) 321-9876

 jae.skelton@email.com

 Chappells, SC

EDUCATION

Bachelor of Science in Physical Education

Medical University of South Carolina,
United States, Columbia, SC
2014 - 2018

Certified Physical Education Teacher

South Carolina Department of Education

Online Teaching Certification

National Association for Physical
Education (NASPE), 2020

SKILLS

- Zoom, Google Meet, Microsoft Teams
- Home workouts, bodyweight exercises, yoga, cardio, flexibility training
- Creating engaging lesson plans, online assessments, and interactive materials
- Google Classroom, Edmodo, Canva, YouTube
- Clear, consistent communication with students and parents

LANGUAGES

- Fluent in Spanish

JAE SKELTON

VIRTUAL PHYSICAL EDUCATION TEACHER

PROFESSIONAL SUMMARY

Dedicated and enthusiastic Virtual Physical Education Teacher with experience creating engaging, interactive, and effective online physical education courses for students of all ages. Skilled in utilizing digital platforms, providing personalized fitness plans, and fostering a positive virtual learning environment.

Flexible for both part-time and full-time virtual teaching opportunities.

EXPERIENCE

- September 2020 - Now

Virtual Physical Education Teacher

Go Online Academy / United States, Chappells, SC

- Design and deliver virtual PE classes for students ranging from kindergarten through high school using platforms like Zoom, Google Meet, and Microsoft Teams.
- Create and implement fitness challenges, wellness routines, and interactive games that align with state standards and encourage student participation in physical activity at home.
- Provide individualized fitness plans and regular assessments for students based on their abilities and fitness levels.
- Utilize video tutorials, instructional PDFs, and online resources to enhance student learning and ensure they have access to valuable physical education content.

- August 2018 - June 2020

Physical Education Teacher (In-person)

Chappells Middle School / United States, Chappells, SC

- Taught physical education classes to middle school students, focusing on fitness, teamwork, and sportsmanship.
- Implemented an innovative physical fitness curriculum that combined traditional sports and physical activities with creative exercises to engage students in both physical and mental health development.
- Led after-school sports clubs, coaching basketball and soccer teams, fostering a love for sports and promoting active lifestyles.
- Organized fitness challenges, school-wide wellness days, and community-building activities to encourage physical activity beyond the classroom.