



Emily Anderson

Clinical Psychologist

CONTACT

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United States, New York, NY

EDUCATION

Doctor of Psychology (Psy.D.)

Columbia University, Graduated: May 2025

Bachelor of Arts in Psychology

University of California, Graduated: May 2022

Certifications

- Licensed Psychologist**, New York State Licensing Board, June 2023
- CPR and First Aid Certified**, American Red Cross, March 2023

PROFESSIONAL SUMMARY

Compassionate and dedicated Clinical Psychologist with a strong foundation in therapeutic techniques, patient care, and psychological assessments. Proven ability to build rapport with diverse clients, providing individual therapy and group counseling in a clinical setting.

EXPERIENCE

Clinical Psychologist Intern

2025 - Now

New York Psychiatric Hospital

- Conduct psychological assessments and provide counseling services to patients with mental health disorders such as anxiety, depression, and PTSD.
- Develop treatment plans based on thorough patient evaluations, focusing on evidence-based practices such as Cognitive Behavioral Therapy (CBT) and Dialectical Behavioral Therapy (DBT).
- Document patient progress, ensuring compliance with HIPAA regulations and organizational policies.
- Collaborate with interdisciplinary teams including psychiatrists, social workers, and medical staff to ensure holistic patient care.

Psychology Assistant

2022 - 2024

Brooklyn Behavioral Health Clinic

- Assisted in the administration of psychological evaluations, including intelligence, personality, and diagnostic assessments.
- Provided behavioral health support to patients and facilitated therapeutic exercises under the supervision of licensed psychologists.
- Participated in case consultations, collaborating with senior clinicians on treatment plans for patients with various psychological issues.

SKILLS

Psychological assessments and diagnostic testing ★★★★★

Expertise in Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), and Psychodynamic Therapy ★★★★★

Strong interpersonal and communication skills ★★★★★

Ability to develop and implement individualized treatment plans ★★★★★

Proficient in electronic health records (EHR) systems ★★★★★