

Marriage and Family Therapist

PROFESSIONAL SUMMARY

Recent graduate with a Master's in Marriage and Family Therapy, eager to begin a rewarding career in counseling. Passionate about supporting individuals, couples, and families facing relationship challenges. Looking for an entry-level position to apply academic knowledge in a practical setting while continuing to learn and grow in the field.

EDUCATION

Master of Science in Marriage and Family Therapy

Loyola Marymount University – Los Angeles, CA

Graduated: December 2025

Bachelor of Arts in Sociology

University of California, Berkeley, CA

Graduated: May 2023

SKILLS

- Active ListeningExpert
- Family Systems TherapyExpert
- Empathy and CompassionExpert
- Crisis InterventionExpert
- Case ManagementExpert
- Solution-Focused TherapyExpert
- Problem SolvingExpert
- Time ManagementExpert
- CommunicationExpert
- Group Therapy FacilitationExpert

AWARDS

- Outstanding Graduate Student in Therapy – Loyola Marymount University, 2024
- Dean's List – University of California, Berkeley, 2021

EXPERIENCE



2023 - 2024

Intern Marriage and Family Therapist

Loyola Marymount University Counseling Center / Los Angeles, CA

- Provided therapy services to students dealing with stress, anxiety, and relationship issues under the supervision of licensed therapists.
- Conducted assessments and provided brief solution-focused counseling sessions.
- Participated in group therapy sessions for students struggling with mental health challenges and adjustment to university life.



2022 - 2023

Therapy Intern

Berkeley Community Mental Health Center

- Assisted licensed therapists in providing individual therapy for clients from diverse backgrounds.
- Supported family therapy sessions and assisted with case management.
- Conducted intake assessments and documented session notes.

VOLUNTEER EXPERIENCE



2021 - 2022

Mental Health Volunteer

Berkeley Community Health Foundation – Berkeley, CA

- Assisted in organizing community events to raise awareness about mental health issues.
- Provided emotional support and information on mental health resources to community members.