




Laura Johnson

Marriage and Family
Therapist

CONTACT

 (555) 234-6789
 laura.johnson@gmail.com
 United States, Los Angeles, CA

EDUCATION

Master of Arts in Marriage and Family Therapy
Pepperdine University, Graduated:
May 2014

Bachelor of Science in Psychology
University of California, Graduated:
May 2011

Certifications

- Licensed Marriage and Family Therapist (LMFT)**, California Board of Behavioral Sciences, License 123456, Renewed January 2022
- EMDR Therapy Certification**, March 2020

PROFESSIONAL SUMMARY

Compassionate and dedicated Marriage and Family Therapist (LMFT) with experience providing therapeutic services to individuals, couples, and families. Skilled in relationship counseling, conflict resolution, and guiding clients through life transitions to help them improve emotional well-being and interpersonal dynamics.

EXPERIENCE

Marriage and Family Therapist (LMFT) 2018 - Now
Private Practice, Los Angeles, CA

- Provide individual, couple, and family therapy to clients dealing with relationship issues, anxiety, depression, trauma, and life changes.
- Develop treatment plans based on comprehensive assessments and client goals.
- Conduct ongoing evaluations to track client progress and adjust therapeutic approaches as needed.
- Offer workshops and group therapy sessions focused on building communication skills and resolving conflict within families.

Therapist 2014 - 2017
Healing Hearts Therapy Center, Los Angeles, CA

- Conducted therapy for individuals and families, specializing in adolescent and young adult mental health issues.
- Collaborated with clients to build personalized treatment plans, emphasizing strength-based approaches.
- Provided crisis intervention services for clients dealing with acute mental health concerns.

SKILLS

Marriage and family therapy	★★★★★
Conflict resolution	★★★★★
Trauma-informed care	★★★★★
Cognitive Behavioral Therapy (CBT)	★★★★★
Emotionally Focused Therapy (EFT)	★★★★★
Active listening and empathy	★★★★★
Crisis intervention	★★★★★
Group and individual therapy	★★★★★