

Licensed Psychologist

Dr. Emily Williams Ph.D.

Professional summary

Licensed Psychologist with experience providing comprehensive mental health assessments, diagnostic evaluations, and psychotherapy. Skilled in a wide range of therapeutic modalities including Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), and psychodynamic therapy to assist clients in managing mental health conditions and life stressors.

Experience

Licensed Psychologist

August 2010 - Now
Chicago Psychological Services /

- Conduct psychological assessments, including diagnostic testing and evaluations for individuals and families.
- Specialize in treating clients with anxiety disorders, depression, trauma, and mood disorders.
- Lead workshops and seminars on mental health awareness, stress management, and coping skills.
- Supervise and mentor psychology interns, guiding them through the assessment and therapy process.

Psychological Consultant

March 2007 - July 2010
Center for Psychological Evaluation / Chicago, IL


- Collaborated with healthcare professionals to integrate psychological evaluations into treatment planning.
- Delivered clinical feedback and therapy recommendations to clients and families.
- Developed treatment protocols for special populations (e.g., adolescents, trauma survivors).


Publications


- “Trauma Recovery in Adolescents: A Cognitive Behavioral Approach” – Journal of Clinical Psychology, 2020.
- “Exploring DBT’s Role in Managing Chronic Stress and Anxiety” – Presented at the Annual Mental Health Conference, 2019.

Additional Information

- Volunteer Work:** Mental Health Consultant for Local Chicago Youth Group
- Technology Proficiency:** Comfortable with EHR systems such as TherapyNotes, - SimplePractice, and Epic.

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United States, Chicago, IL

Education

Doctor of Philosophy (Ph.D.) in Clinical Psychology

University of Chicago
Graduated: June 2006

Master of Science in Psychology

University of Chicago
Graduated: June 2003


Certifications


- Licensed Psychologist (LP), Illinois Department of Financial and Professional Regulation, License #LP 123456, renewed July 2023
- Certified in Cognitive Behavioral Therapy (CBT), January 2021

Skills

Psychological Assessments & Testing	<div><div></div><div></div><div></div><div></div><div></div></div>
Therapeutic Techniques	<div><div></div><div></div><div></div><div></div><div></div></div>
Mood & Anxiety Management	<div><div></div><div></div><div></div><div></div><div></div></div>
Client Support	<div><div></div><div></div><div></div><div></div><div></div></div>
Consultation & Supervision	<div><div></div><div></div><div></div><div></div><div></div></div>

Languages

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Fluent in English
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Proficient in Spanish (written and spoken)