

# Maria Hernandez

Rehabilitation Nurse



#### CONTACT



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United States, Los Angeles, CA



# 🕽 EDUCATION

# **Bachelor of Science in Nursing** (BSN)

University of California, Graduated: May 2017

#### **Certifications**

- · Basic Life Support (BLS), American Heart Association | June 2019
- Registered Nurse (RN), California State Board | June 2017



#### PROFESSIONAL SUMMARY

Compassionate and detail-oriented Registered Nurse with experience providing exceptional care to patients in rehab settings. Skilled in pain management, patient mobility, and care coordination. Seeking a position to contribute expertise in patient rehabilitation and recovery.



# **EXPERIENCE**

#### Rehabilitation Nurse

2019 - Now

## Sunset Rehabilitation Center, Los Angeles, CA

- · Provide direct care to patients recovering from surgeries, injuries, or chronic conditions.
- · Collaborate with interdisciplinary teams to create and implement personalized rehabilitation care plans.
- · Educate patients and families on rehabilitation goals, procedures, and home care.
- · Assist patients with physical therapy exercises, mobility assistance, and daily living activities.

**Staff Nurse** 2017 - 2019

## St. Mary's Medical Center, Los Angeles, CA

- Administered medication and monitored vital signs for patients with post-surgical and chronic illnesses.
- · Worked in a fast-paced unit, responding to emergencies and ensuring patient comfort.
- · Assisted with discharge planning and coordinated follow-up care with rehabilitation centers.

## **SKILLS**

Patient mobility assistance	****
Pain management techniques	****
Care plan development and implementation	****
Strong communication skills	****
Team collaboration in patient care	****
Physical therapy support	****