

Dear Ms. Lewis,

As a certified personal trainer with six years of experience in strength conditioning and corrective movement, I am excited to apply for the trainer position at Equinox Williamsburg. The opportunity to contribute to a team known for performance excellence and integrated wellness aligns perfectly with my professional philosophy and passion for client-centered results.

I hold NASM-CPT and CES certifications, along with CPR/AED credentials, and have coached a wide variety of clientele—from executives managing stress through structured training to postnatal clients regaining functional strength. At my current role with Chelsea Piers Fitness, I've helped improve member engagement by developing a "Mobility Mondays" program that boosted retention and attendance in personal training by 18% over one quarter.

What draws me most to Equinox is your deep investment in continuing education and science-driven programming. I thrive in high-standard environments that challenge both the trainer and the client to grow. My goal is to contribute to your culture of discipline, results, and transformation.

I welcome the opportunity to discuss how my background can benefit your members and team. I'm available for an interview at your convenience and can be reached at (212) 555-0178 or by email at jordansinclair.training@gmail.com. Thank you for considering my application.

Warm regards,

Jordan Sinclair

To

Ms. Karen Lewis
Equinox Williamsburg

From

Jordan Sinclair
Personal Trainer